

22. Do you smoke? Yes No
 23. Do you drink beer, wine or hard liquor? Yes No
 If yes, frequency _____ . How many drinks _____ .

Circle which best describes your exercise habits:

Sedentary (no exercise) Mild/Occasional/Regular vigorous exercise

Symptoms of Low Testosterone Levels	Yes	No
Difficulty concentrating		
Moodiness		
Depression		
Weight gain		
Decreasing sex drive		
Increasing fatigue		
Decreasing energy		
Daytime sleepiness		
Erectile dysfunction		

I have received or reviewed the Privacy Practice Notice for Men’s Medical Institute, and understand the situations in which this practice may need to utilize or release my medical records. I understand that this office will properly maintain my records, and will use all due means to protect my privacy as outlined in this privacy practice statement.

I understand periodic blood tests are necessary when receiving Testosterone Replacement Therapy.

I agree, while a patient of Men’s Medical Institute, I will not take any type of anabolic steroids, testosterone gels, hormone “boosters”, pro-hormones or any additional testosterone supplementation not provided by Men’s Medical Institute during my treatment plan. At any time, if use of these items is discovered, I understand I may be discharged as a patient of Men’s Medical Institute.

Each patient is expected to have a full yearly physical including a Prostate exam with your Primary Care Provider.

Your signature constitutes your understanding of the above information.

Please sign and date this form: _____ date: _____